

Mahanta, I Need Some Help! By Marion S

Hi! My name is Marion. I'm 97 years young. I live sprightly on my own, with my daughter regularly checking on me. Even though I spend most of my day in a wheelchair, I'm alert, gregarious, fun-loving, and quite independent. Recently though, I had an experience that shook my self-reliant world!

In the neighborhood where I live, new sidewalks, driveways, and curbs were being installed. During this construction, no one was permitted to walk on the surfaces; traffic on our local street was limited. However, a delivery truck did come by and had to leave a package for me almost in the middle of the street. How was I to retrieve it?

Taking my cell phone in hand, I tried to call my daughter, but the phone appeared dead... no outgoing calls or messages, no incoming calls or messages. Not a secure feeling since I don't have a landline, only a cell phone.

Several years ago, while I was in

my house, I lost my balance trying to catch a bug, and fell on the floor. I knew I was hurt but didn't know I had three fractures in my leg and a fractured wrist. My cell phone was across the room recharging. It took me 12 hours to get to it. This past experience heightened my

feeling of needing to have my cell phone nearby and operational. What to do? Being a student of Eckankar, I said aloud, "Mahanta, I need some help!" The Mahanta is my inner guide, teacher, and friend. The Mahanta is also Divine Spirit in expression, as we all are.

I rolled myself in my wheelchair to the front

door and opened it wide, looking for someone, anyone who might be passing by who might be able to help me – first with my package and then my phone. For

30 minutes I waited and watched. It was cold with the door open, but I needed help.

Then a man wearing work clothes like those who had been doing the repaving walked by my house. I called out to him "Do you speak English?" I asked, followed by "I need help!"

He grabbed the box down in the street and came to my front door. I told him about my cellphone not working. He tried to fix it but couldn't. "I've got to call my daughter!" I urged. He kindly took out his phone and made the call for me. She didn't answer as she probably thought it was spam. So, he hung up and immediately tried again. This time she picked it up. I told her that my cell phone wasn't working, and I needed her help. She's a technical whiz. She explained what needed to be done while the man did just as she said with my phone.... And it worked! I thanked the gentleman worker profusely for his help. I wish I had asked his name so I could let his supervisors know how wonderful he was and how grateful I was, too.

Now I can be stubborn and have a streak of pride, too, as I've always been quite self-reliant and independent. But at age 97, I'm learning. I hoped that these experiences – the fall and the broken cell phone- would never happen again and realized that I needed to take responsibility and



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do something. My next step is to purchase an emergency alert device that I'll always have with me and that will work whether I have a cell phone or not.

What spiritual lessons have I learned from all this?

- That one is never too old to learn or to ask for help
- That the help, guidance, and love of the Mahanta is ever present and available to anyone.
- Remembering to ask for the Mahanta's help is key and then to do whatever I can do to help myself, too.
- Kindness comes in many forms.
- Gratitude keeps the heart open to the many blessings of Divine Spirit.

So today I 'roll' a little differently, with more gratitude and reliance on how we all are part of the Mahanta's team of love and service.

A Spiritual Exercise to Try

Creative Process

To solve problems, work with the creative cycle of ECK. When you come up against something, try to put it into a question.

On the other planes, sometimes the Mahanta, the Living ECK Master sits at a table with the rest of the ECK Masters, and they talk things out. According to the way we regard ECK Masters, any one of them ought to be smart enough to handle anything that goes on. So why do they talk things out?

This is simply an educational process. We learn what a Master does and how he works with the ECK, or Divine Spirit. How do you work with the ECK? It's easy to say, "Just let the ECK take care of it," then sit back and wait. But that is not always going to work. A better way is as follows.

First, figure out what's wrong and say, "Something's going wrong. This is the title I've given to what's going wrong. Now I would like an answer for how it can go right."

Next, contemplate on the problem and look at it from every angle. You may talk it over with everybody who's got the least bit of knowledge about it. Eventually, if you ask a good question, the answer is going to suggest itself. At some point, it's going to become very clear what to do.

Harold Klemp
The Spiritual Exercises of ECK, p.115



So what is the reason for living?

Life is God's blessing to each Soul—you—to learn how to give and receive love. That's what's going on behind the scenes in this great laboratory of life.

The Secret of all time is that we are each to be a steward of divine love.

Sing H.U. and the blessings of love will find you.

Harold Klemp, *The Sound of Soul*, p.6

Indiana Eckankar Public Events

Spiritual Discussion

Saturday – 1 - 2:15pm CT

Valparaiso Public Library, Meeting Rm. A

103 Jefferson Street, Valparaiso

- **Mar 9** - *Explore Higher Perspectives on Health and Healing*

ECK Light and Sound Service

Sundays – 11am - 12pm ET

The Benton House

312 S. Downey Ave. Indianapolis

- **Feb 11** - *The Art of Graceful Living*
- **Apr 14** - *You Are a Cup for the Living Water: Become a Clearer, Purer Vehicle for Divine Love*

Experience HU, The Sound of Soul

Tuesdays – 6:30 - 7:30pm ET

The Hermitage, 3650 E 46th St., Indianapolis

- **Feb 13** - *Maintaining Love in Troubling Times*
- **Mar 12** - *How Love Reveals Truth*
- **Apr 9** - *Getting in Touch with Your True North*

Experience HU, The Sound of Soul

Tuesdays – 6:30 - 7:30pm ET

Sunspot Natural Market (upstairs)

3717 S. Reed Rd., Kokomo

- **Feb 6** - *A Way to Find the Spiritual Freedom of SOUL*
- **Mar 5** - *So What is the Reason for Living?*
- **Apr 2** - *Let the Blessings of Life Find You*

ECK Soul Adventure

Saturday – 1:00 - 2:00pm ET

Sunspot Natural Market (upstairs)

3717 S. Reed Rd., Kokomo

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February 8 - Lesson 7 "*The Master Principle*"

March 14 - Lesson 8 "*Can We Live in a World without Love*"

April 11 - Lesson 9 "*The God Worlds—Where No One Has Gone Before*"



Be a Cup for the Living Water
Let it flow without resistance
Welcome the Source

Wherever we are is Holy Ground
Portable and always
Present

Listen for HU
Sing the HU
Be the HU

What can you hold?
Can you let go?
Holy Ground
Always Present

Sherry Wolfe



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